



## Who are we?

Our club is multi community Freestyle and Greco organization open to all. Modeled after the successful all metro programs found throughout the Midwest, our goal is to provide an environment where wrestlers can practice with many partners of comparable size and skill. We believe that a variety of good practice partners make the wrestler. Combined with superior coaching, our kids will be able to perform at their highest potential.

Our club is not associated with any specific athletic association, H.S. or community. It is comprised of wrestlers and families throughout the southern metro and surrounding area. We are a chartered club, governed by a parent board, financially independent of any other organization.

The mission of the club is to establish a Freestyle and Greco center of excellence, where wrestlers, coaches and families are dedicated to sportsmanship, team work and technique development.

This club will offer superior coaching: Staffed by head coaches and assistants from five area high schools and guest clinicians from the area's best college programs.

***Practice starts on March 3, 2005***

*Tuesday & Thursday! (Grades 7 – 12) Time:6:45 – 8:30pm  
Centrally Located: Eagan H.S. Wrestling Room*

*Registration Fee: \$50 for sign-ups by February 1, 2005.  
\$60 after February 1<sup>st</sup>*

*Fee does NOT include USA Wrestling Card*

**If you have any questions please contact:**

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